





Psoriasis

A condition in which skin cells build up and form scales and itchy, dry patches.

Very common

More than 10 million cases per year (India)

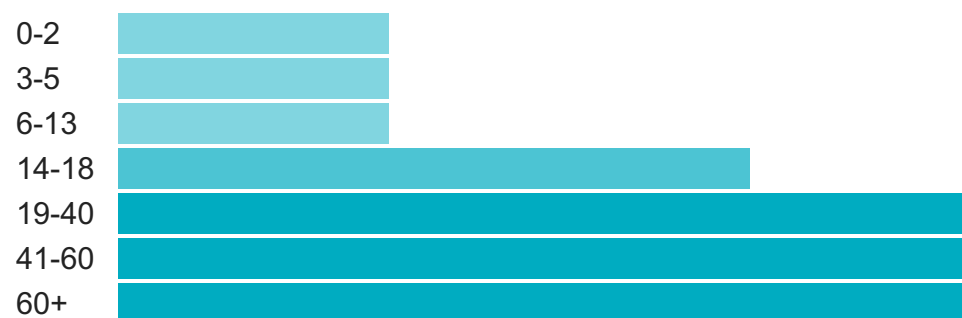
-  Can't be cured, but treatment may help
-  Requires a medical diagnosis
-  Lab tests or imaging rarely required
-  Chronic: can last for years or be lifelong

Psoriasis is thought to be an immune system problem. Triggers include infections, stress, and cold.

The most common symptom is a rash on the skin, but sometimes the rash involves the nails or joints.

Treatment aims to remove scales and stop skin cells from growing so quickly. Topical ointments, light therapy and medications can offer relief.

Ages affected



Symptoms

Requires a medical diagnosis

The most common symptom is a rash on the skin, but sometimes the rash involves the nails or joints.

People may experience:**Pain areas:** in the joints**Skin:** rashes, bumps, dryness, fissures, flakiness, irritation, peeling, small bump, stinging, thickness, or redness**Joints:** stiffness or tenderness**Also common:** lesion, acute episodes, depression, inflamed tendons, itching, plaque, small dents in nails, or swelling

Consult a doctor for medical advice

Note: The information you see describes what usually happens with a medical condition, but doesn't apply to everyone. This information isn't medical advice, so make sure that you contact a health care provider if you have a medical problem. If you think you may have a medical emergency, call your doctor or a emergency number immediately.